

**Northern Colorado Athletic Conference (NCAC)  
2017 Middle School Varsity Swimming and Diving Conference  
Co-Hosts: Walt Clark MS and Conrad Ball MS**

**Date:** Saturday, October 7, 2017

**Place:** Mountain View Aquatic Center, 2500 Mountain Lion Dr., Loveland, CO 80537

**Meet Schedule:** Swimming and Diving finals Saturday, October 7

Warm up 7:10 AM Start 9:05AM

Coaches/Officials Meeting: 8:50AM in lobby

**Entries:** Each team may enter **only 4** contestants per event, and **2 relays** (*only "A" can score*) per event. Entries should be the swimmer's fastest time from this season. Each individual may participate in a maximum of two individual and two relay events, or one individual and three relay events. All diving cards are due at 7:30 AM on Saturday.

**Seeding:** Entries must be in to entry chair no later than **Monday, October 2, 2017 by 9:00PM**  
Please e-mail Hy-Tek entry file, include divers.  
E-mail: swimcoachjon@gmail.com

**Diving:** Diving will start as soon as the medley relays are done, following event 2.

Prelims	2 required dives	1 optional dive
Semis	2 required dives	1 optional dive
Finals	1 required	2 optional dives

**Scoring:** 16 place championship scoring  
Individual: 16-13-12-11-10-9-7-5-4-3-2-1  
Relay: 32-26-24-22-20-18-14-10-8-6-4-2

**Rules:** 2017-2018 NFHS swimming and diving rules will apply.

**Warm up Schedule:** Each team will have approximately 20 minutes of warm up.

7:10-7:30 AM – Bill Reed (Ln 1-4), Con Ball (Ln 5-8)

7:30-7:50AM – Walt Clark (Ln 1-4), Turner (Ln 5-8)

7:50-8:10 AM – Windsor (Ln 1-4), Estes Park (Ln 5-8)

8:10-8:30 AM – Severance (Ln 1-4), Valley (Ln 5-8)

8:30-8:50 AM – Erwin (Ln 1-4), Open Warmup (Ln 5-8)

**Concessions:** Concessions will be sold on the 2<sup>nd</sup> floor lobby area.  
No Food is allowed on deck. If Teams bring snacks for athletes they can request off deck seating when sending their meet entries. Coaches are responsible for a clean team area at the culmination of the event.

**Hospitality:** Hospitality will be provided

**Admissions:** Adults \$5.00, Seniors \$2.00, Students free with ID, Programs \$3.00  
Coaches please remind families that the pool deck is for Athletes, Coaches, Officials, and Volunteers Only.